

OUR HEALTHCARE UTILITY SUPPORTS BREASTFEEDING ON THE BASIS OF OMS-UNICEF RECOMMENDATION.

Breastfeeding is the natural way of feeding a baby

and holds important benefits for his health and for the mother.

To promote and sustain breastfeeding and to help you nourishing your baby:



All the staff that takes care of the couple mother-baby shares the same path of written conduct on breastfeeding.



During pregnancy, information on advantages and breastfeeding techniques will be provided.



Promote the skin-on-skin contact right after the birth.



Know that the staff is available to help you placing the baby and attaching him to the breast.



From the beginning you have the chance to spend all the time with your baby, without interferences.



Feed your baby every time he requests, we will explain you how to recognize signs of hunger and how to know when he took enough milk.



Breastfeeding is welcome in every public place of this ASL.



Try on your own the breast hand squeezing out as we have showed: it will be helpful if necessary.



Avoid nipples guard, pacifiers while your baby learns how to suck: it could interfere with the breastfeeding start.



Your babies need just mother's milk for the first six months of his life: if, for medical reasons, your baby needs other groceries, the necessary information will be provided from our operators.



Together we will try to understand when your baby is ready for solid food and we will explain how to introduce them.



After the resignation, for further help in breastfeeding or infants nutrition, retaining points will be accessible.

To respect this tasks, our utility refers to International Code on Commercialisation of Substitutes of breast milk from OMS, that protects mothers from every kind of promotion or advertisement of breast milk substitutes, as baby bottle, pacifier and nipples guard.

In case that you decide differently, or counter indications on the breast milk use exist, you will receive support and info to nourish your baby safely.